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# India

Post: New Delhi

# Final Amendment on Standards for Artificial Sweeteners

## **Report Categories:**

Sanitary/Phytosanitary/Food Safety

**Dairy and Products** 

Food Processing Ingredients

Beverages

Exporter Guide

Food and Agricultural Import Regulations and

Standards - Narrative

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## **Report Highlights:**

The Government of India's (GOI) Food Safety and Standards Authority of India (FSSAI) amended the <u>Food Safety and Standards (Food Product Standards and Food Additives) Regulations</u>, related to FSSAI's standards for artificial sweeteners.

### **Executive Summary:**

FSSAI published <u>Food Safety and Standards</u> (<u>Food Products Standards and Food Additives</u>) <u>Amendment Regulations</u>, <u>2015</u>, which establishes standards for artificial sweeteners. The amendment is in final form and is based on public comments received during the public comment period from various stakeholders on the draft regulations published on March 23, 2015(IN5051).

#### **General Information:**

**DISCLAIMER**: The information contained in this report was retrieved from FSSAI's website <a href="http://www.fssai.gov.in/">http://www.fssai.gov.in/</a>. The Office of Agricultural Affairs and/or the U.S. Government make no claim of accuracy or authenticity.

FSSAI notified Food Safety and Standards (Food Products Standards and Food Additives) Amendment Regulations, 2015 related to standards for artificial sweeteners. The final amendment reflects changes based on feedback from the public (See GAIN report IN5051 for draft regulation).

The full text of the final amendment published by FSSAI on November 20, 2015, is provided below and is also available on their website: <a href="http://www.fssai.gov.in/">http://www.fssai.gov.in/</a>.

Details of Notification: F.No.15025/208/2013-PA/FSSAI

Publication Date: November 20, 2015Date of Implementation: Immediate

Products affected: Dairy-based flavored drinks, ice cream, frozen desserts, cream toppings, yoghurt, fruit nectars, non-carbonated water based beverages (non-alcoholic), ice lollies or edible ice, jams, jellies, marmalades, ready-to-eat cereals, carbonated water, soft drink concentrates, chewing gum.

Agency in Charge: Food Safety and Standards Authority of India, Ministry of Health and Family Welfare, GOI.

#### MINISTRY OF HEALTH AND FAMILY WELFARE

(Food Safety and Standards Authority of India)

#### NOTIFICATION

New Delhi, the 13th November, 2015

F.No P. 15025/208/2013-PA/FSSAI- Whereas the draft Food Safety and Standards (Food Products Standards and Food Additives) (Amendment) Regulations, 2015, were published as required under sub-section (1) of section 92 of the Food Safety and Standards Act, 2006 (34 of 2006), vide notification of the Food Safety and Standards Authority of India number F. No. P. 15025/208/2013-PA/FSSAI dated 6<sup>th</sup> February, 2015 in the Gazette of India, Extraordinary, Part III, Section 4 inviting objections and suggestions from the persons likely to be affected thereby, before the expiry of the period of thirty days from the date on which the copies of the Official Gazette containing the said notification were made available to the public;

And whereas the copies of the said Gazette were made available to the public on the 23rd March, 2015;

And whereas the objections and suggestions received from the public in respect of the said draft regulations have been considered by the Central Government;

Now, therefore, in exercise of the powers conferred by clause (e) of sub section (2) of section 92 read with section 16 of the said Act, the Food Safety and Standards Authority of India hereby makes the following regulations further to amend the Food Safety and Standards (Food Products Standards and Food Additives) Regulations, 2011, namely:-

#### Regulations

- These regulations may be called the Food Safety and Standards (Food Products Standards and Food Additives) (Amendment) Regulations, 2015.
  - (2) They shall come into force on the date of their publication in the official Gazette.
- 2. In the Food Safety and Standards (Food Products Standards and Food Additives) Regulations, 2011,-
- (a) In regulation 3.1.3 relating to "Artificial Sweetener", after sub regulation (5), and the enteries relating thereto shall be added:
  - "(6) Use of Non Nutritive Sweetener.—The non nutritive sweetener mentioned in column (2) of the Table below may be used only in the food articles mentioned in column (3) and in quantities not exceeding the limits mentioned in column (4) and as per the provisions contained in these regulations:

| Sl.No. | Name of non-nutritive<br>sweetener | Articles of food  | Maximum level (mg/kg)<br>(steviol equivalent)      |
|--------|------------------------------------|---|--|
| (1)    | (2)                                | (3)   | (4)  |
| 1      | Steviol Glycoside                  | Dairy based drinks flavored                                       | 200  |
|        |                                    | Dairy based desserts (ice-cream, frozen desserts, cream toppings) | 330  |
|        |                                    | Yoghurt   | 200  |
|        |                                    | Fruit Nectars   | 200  |
|        |                                    | Non carbonated water based beverages (non alcoholic)              | 200  |
|        |                                    | Ice Lollies or edible Ice   | 270  |
|        |                                    | Jams, Jellies, Marmalades.  | 360  |
|        |                                    | Ready to eat cereals  | 350  |
|        |                                    | Carbonated water  | 200  |
|        |                                    | Soft drink concentrate  | 200 (in the final product<br>after reconstitution) |
|        |                                    | Chewing gum   | 3500   |

Provided further that the Steviol Glycoside may be marketed as table top sweetener in tablet form powder and liquid which may contain seven mg as Steviol equivalent per 100 mg, with carrier or filler as mentioned in the second proviso of Explanation II of sub-regulation (1) of regulation 3.1.3".

(b) In regulation 3.2 relating to "Standards of food additives", after sub-regulation 3.2.1 and the enteries relating thereto shall be added:

"3.2.2 Sweetener:- The standards for various sweeteners with characteristics are -

(1) Steviol Glycoside.—White to light yellow powder, odorless or having a slight characteristic odor. About 200 - 300 times sweeter than sucrose. The product is obtained from the leaves of stevia rebaudiana bertoni. The leaves are extracted with hot water and the aqueous extract is passed through an adsorption resin to trap and concentrate the component steviol glycosides. The resin is washed with a solvent alcohol to release the glycosides and the product is recrystallized from methanol or aqueous ethanol. Ion exchange resins may be used in the purification process. The final product may be spray-dried. Stevioside and rebaudioside A are the component glycosides of principal interest for their sweetening property. Associated glycosides include rebaudioside B, rebaudioside C, rebaudioside D, rebaudioside F, dulcoside A, rubusoside and steviolbioside which are generally present in preparations of steviol glycosides at levels lower than stevioside or rebaudioside A.

| Synonyms          | INS no. 960.   |  |
|-------------------|--|--|
| Chemical name     | Stevioside:13-[(2-O- $\beta$ -D-glucopyranosyl- $\beta$ glucopyranosyl)oxy] kaur-16-en-18-oic acid, $\beta$ -D-glucopyranosyl ester.   |  |
|                   | Rebaudioside A: 13-[(2-O- $\beta$ -D-glucopyranosyl-3-O- $\beta$ -D-glucopyranosyl- $\beta$ -D-glucopyranosyl)oxy]kaur-16-en-18-oic acid, $\beta$ -D-glucopyranosyl ester.   |  |
| Empirical formula | Stevioside: C <sub>38</sub> H <sub>60</sub> O <sub>18</sub><br>Rebaudioside A: C <sub>44</sub> H <sub>70</sub> O <sub>23</sub>   |  |
| Formula weight    | Stevioside: 804.88<br>Rebaudioside A: 967.03.  |  |
| Solubility        | Freely soluble in water<br>Stevioside and<br>rebaudioside A  |  |
| рН                | The main peak in the chromatogram obtained by following the procedure in Method of Assay corresponds to either stevioside or rebaudioside A. Between 4.5 and 7.0 (1 in 100 solution).  |  |
| PURITY            |  |  |
| Total ash         | Not more than percent.   |  |
| Loss on drying    | Not more than 6 percent (105°, 2h).  |  |
| Residual solvents | Not more than 200 mg/kg methanol and not more than 5000 mg/kg ethano (Method I in Vol. 4, General Methods, Organic Components, Residual Solvents).   |  |
| Arsenic           | Not more than 1 mg/kg Determine by the atomic absorption hydride technique [Use Method II to prepare the test (sample) solution].  |  |
| Lead              | Not more than 1 mg/kg Determine using an AAS/ICP-AES technique appropriate to the specified level The selection of sample size and method of sample preparation may be based of the principles of the methods described in Vol. 4 (under "General Methods, Metallic Impurities")." |  |