

Voluntary Report – Voluntary - Public Distribution

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Report Name: Updated Guidance on Front-of-Package Nutrition Labeling

Country: Canada

Post: Ottawa

Report Category: FAIRS Subject Report

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Report Highlights:

Health Canada published an updated guidance document to assist businesses in complying with front-of-package nutrition labeling (FOPNL) requirements. The implementation date for these requirements remains January 1, 2026.

In May 2023, Health Canada (HC) released an [updated guidance document](#) (also attached to this report as a pdf file), to assist companies in complying with the new front-of-package nutrition labeling (FOPNL) requirements, including the use of the front-of-package (FOP) nutrition symbol.

According to HC, “updates have been made to address the priority topics identified during the September 2022 technical webinar, as well as themes emerging from stakeholder enquiries received since July 2022”. For information on the webinar and to review previous guidance, please consult FAS/Canada’s GAIN Report [CA2022-0031](#).

The implementation date for all FOPNL requirements remains **January 1, 2026**.

Topics covered by the updated guidance document include:

- An overview of the FOP nutrition symbol labelling regulations
- Foods prohibited from displaying the FOP nutrition symbol
- Nutrient thresholds for the FOP nutrition symbol
- Foods exempt from the FOP nutrition symbol requirements, including full exemptions, and conditional exemptions
- Placement of the FOP nutrition symbol on a product package
- FOPNL guidance for products containing an assortment of foods or ingredients packaged together
- FOPNL guidance for products displaying voluntary nutrition or health claims

Stakeholders are encouraged to review the guidance documents thoroughly.

Additional information and guidance is further expected from HC as the FOPNL compliance deadline approaches. FAS/Canada will report accordingly.

Attachments:

[Canada-front-package-nutrition-symbol-labelling-industry-version 2-May 2023.pdf](#)