

Voluntary Report – Voluntary - Public Distribution

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Report Name: Food Color Coding for Sugar-Salt-Fat Regulations 2019

Country: Sri Lanka

Post: Colombo

Report Category: Retail Foods, Snack Foods, FAIRS Subject Report, Food and Agricultural Import Regulations and Standards - Certification, Sanitary/Phytosanitary/Food Safety, Sugar

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Report Highlights:

The Ministry of Health of Sri Lanka introduces a new regulation under the section 32 of the Food Act, No. 26 of 1980, in consultation with the Food Advisory Committee. The new regulation is cited as the Food (Color Coding for Sugar, Salt and Fat) Regulations 2019.

General Information:

DISCLAIMER: The information contained in this report was retrieved from the Food Control Administration Unit, Ministry of Health website [Food Control Administration Unit](#). Agricultural Affairs, USDA and/or the U.S. Government make no claim of accuracy or authenticity.

The full regulation is available as given in the Food Control Administration Unit website: [Food \(Color Coding for Sugar, Salt and Fat\) Regulations 2019 - No 26/1980](#).

Initially, the regulation was to take effect on June 1, 2019, however; the effective date was postponed several times as the food industry required more time to comply with the new requirements. On January 1, 2020, the effective date was further postponed to June 30, 2020.

The regulation applies to solid and semi-solid food. Both locally manufactured and imported foods must be labeled in the manner specified in the regulation for sugar, salt (sodium) and fat, and the label must be affixed on the retail container.

The provisions of the regulation do NOT apply to the following:

- Primary agricultural products
- Spices, condiments, curry mixtures or flavoring mixtures sold in a separate pack
- Food for special dietary uses
- Any package of food where the food is of the nature, quality, quantity, origin or brand requested by the purchaser and which are weighed, counted or measured in the presence of the purchaser
- Bulk packages, if the retail packages meet the specified regulations
- Infant milk formulae
- Products packaged solely for export purpose
- Any solid or semi-solid food upon reconstitution as per directions of the label of the container of such food where such food becomes a liquid at consumption level; or
- Any solid or semi-solid food manufactured before the date on which these regulations took effect

For each of the components (sugar, salt and fat), the regulation defines: the dimensions of the logo; the requirement that the logo must be displayed in Sinhala, Tamil and English languages; the format of the quantitative descriptions of the package content; and the color coding to be specified for each component on the packaging.

For each component (sugar, salt, or fat), the logo will display in green, yellow or red color, based on the content of those ingredients in 100 grams: green would signal healthy and safe levels of sugar, salt, or fat; yellow suggests caution; and red would signal an unhealthy level of sugar, salt, or fat.



Sugar, salt, and fat thresholds can be found below:

Total Sugar Contains in Solid or Semi-Solid Food

Sugar Content (per 100g)	Color code of the Logo
More than 22g	Red
5g to 22g	Amber
Less than 5g	Green

Total Salt Contains in Solid or Semi-Solid Food

Salt Content (per 100g)	Color code of the Logo
More than 1.25g	Red
0.25g to 1.25g	Amber
Less than 0.25g	Green

Total Fat Contains in Solid or Semi-Solid Food

Fat Content (per 100g)	Color code of the Logo
More than 17.5g	Red
3g to 17.5g	Amber
Less than 3g	Green

Attachments:

No Attachments.